

# PADSTOW NORTH PUBLIC SCHOOL

*"A Quality Education in a Caring Environment"*

Halcyon Avenue, Padstow, NSW 2211

Telephone: 9773 8075, 9773 7926 Fax: 9792 3910

Email: [padstownth-p.school@det.nsw.edu.au](mailto:padstownth-p.school@det.nsw.edu.au)

Web Address: [www.padstownth-p.schools.nsw.edu.au](http://www.padstownth-p.schools.nsw.edu.au)

## Thursday 22<sup>nd</sup> May 2014

### Term 2 – Week 4

#### **Dear Parents, Staff Changes**

Mrs Mizon is on leave until the last week of term. Miss Lowe will be teaching 3-4 Aqua. Mr Grinham will be supervising Stage 2 in Mrs Mizon's absence.

#### **Head lice notification**

Although quite late in the head lice season several children have recently presented to school with head lice or 'nits'. Parents are requested to check their child's hair on a regular basis to stop the spread of these unwanted 'critters'.

#### **Thank you**

Thank you to Woolies Padstow for the recent fruit and water donation. The fruit was given to all children as part of the Jamie Oliver food revolution day where he encourages all children to eat healthily.

#### **Voluntary Contributions**

It is still not too late to pay your voluntary contributions for 2014 - \$55 for one child \$100 for 2 children and \$130 for three or more children. Payments can be made at the office.

#### **Playground Equipment**

We remind parents, carers and children that the **fixed playground equipment can only be used during class time and under the direct supervision of a teacher**. In accordance with DEC guidelines, children are not permitted to use the equipment while in the care of parents, especially before and after school. Your cooperation is appreciated in this safety matter.

#### **Parents entering staff rooms and classrooms**

Parents are reminded that staff rooms are for the use of teaching staff only. Should you require access to the southern toilets please request from southern office before entering the staff room. Also it is expected that you make an appointment through the office should you wish to discuss any matter concerning your child's education with your child's class teacher.

Southern parents are also reminded to keep toddlers with them on the silver seats whilst waiting for their siblings. Children running along the verandah are a distraction to children and a waste of valuable learning time.

#### **Gold! Gold! Gold!**

Tia Mikrut, Gabriel Sindyan, Jessica Bian, Ahmed Arjah and James Sestanovic have all qualified for a gold award. Congratulations to you all.



**Platinum Medals**

James Sestanovic and Jessica Bian have now received 5 gold awards and have qualified for a platinum medal. The medal will be presented at our annual awards ceremony in December. Congratulations to you both.

**Reforms to P&C Federation**

The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school's P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation's Annual General Meeting and councillors who will serve on the Federation's Board of Management.

More information will be available on the Department's website at

<http://www.schools.nsw.edu.au/gotoschool/a-z/involvement.php>.

**BluEarth Coaching sessions**

Following on from our recent staff development day 6 teachers and their students are receiving some extra training in the BluEarth philosophy and games to play to send the healthy lifestyle message.



**K.J.Bowden**  
Principal

**PSSA Netball****Round 8**

In our last round of netball we played against Revesby and Picnic Point. We were unable to get a win but had a few close games. Players of the match were Layla, Alannah, Isabelle and Leila.

Although we didn't have many wins this season, the girls showed determination and perseverance in continuing to improve their netball skills. The girls have come a long way since the start of the season with many of them having never played netball. They now possess the necessary skills to succeed in netball. They are able to play as a team, defend, shoot and pass the ball effectively. Keep it up for next season girls. Keep playing!

**Miss K Channells**  
Coach



## PSSA Newcombe Ball

Our Junior and Senior teams finished the season as Undefeated Premiers for 2014 and we are very proud of them. Our Senior team played Panania Gold in the first Semi Final and won 15-7 and 15-4. We started off a little slow, beginning 3 points down in the first game, but staged a dramatic comeback working hard to get on top of the opposition to take the match .

Our Junior team played Padstow Heights and dominated the two games with hard throwing and some clever team work to win 15-0 and 15-0.

This year's finals will be played at Padstow North P.S. on Friday 23rd of May. Our teams will be playing Padstow Park P.S in both senior and junior games starting at 12:45pm.

**Mr Grinham**

**Coach**

## PSSA Boys Touch Football Ball

What a season the boys had! For most of the boys, it was their very first season playing touch. The senior boys had success at the beginning winning two games and drawing one but were unfortunately nudged out of the semi-finals by one point finishing fifth. The junior team had lost only one game up until the semi-finals placing them equal second on the ladder. What a wonderful semi-final game they played only to go down in the last 10 seconds with Milperra scoring four tries to our three. I would like to thank all the boys for their consistent effort and behaviour throughout the season. Well done boys, I thoroughly enjoyed coaching you!

**Mr Isler**

**Coach**

## Library News

Many students are making very good progress with their Premier's Reading Challenge. Congratulations to Andrew Papagianopoulos who has completed the Premier's Reading Challenge. It is not too late to register – K-2 students need to read (or be read) 30 books and students in Years 3-6 need to read 20 books by 22nd August. If you are having any difficulties registering, I can be seen in the library before or after school.

Students are able to access the World Book Encyclopedia from the Padstow North Webcom. This is a great site to assist students with homework and school projects. Also now available to our students are World Book ebooks. There is a selection of fiction and nonfiction books on this site.

The grand opening of the new Bankstown Library is on Sunday 6<sup>th</sup> April 11am-4pm. There will be tours, talks and children's activities.

**Susan Harris**

**Teacher Librarian**

## Debating Workshop

On the 8<sup>th</sup> May, Zahra, Wil, Nylesh, Hassan, Jasmine and Tia went to Strathfield North Public School for a debating workshop. We learnt about how to debate and what to do and it's not as easy as it seems!

When we got to Strathfield North, we went straight to the hall and then we were introduced to Tony, Bron and Nina, who work in the Arts Unit. There were seventeen other schools there, including ours. We took a lot of notes on debating and we played a few debating games. We had lunch and recess and in between those sessions, we were basically doing the same thing. After recess, we were split up into a group of three each and we were going to have a debate test. My team was affirmative (for). That was fun!

Overall the day was informative and it we help the Padstow North Debating Team with their performance.

By Tia and Zahra





## Thinking and Communicating with Clarity and Precision

"Rosamund has no interest in French. If she wishes to be understood by a foreigner, she shouts." - Violet Crawley (played by Maggie Smith in *Downton Abbey*)

I do not so easily think in words...After being hard at work having arrived at results that are perfectly clear...I have to translate my thoughts in a language that does not run evenly with them  
– Francis Galton, Geneticist

This Habit of Mind is mainly concerned with ensuring that we use language as precisely as possible to get our message across...and that we train ourselves to think that way too.

What struck me when I was researching this Habit and how we can apply it in our classrooms as well as our homes was that this Habit is particularly relevant to both teaching young children and to our community at PNPS.

As young children develop language they can often encounter situations where they do not know the word that precisely communicates what they are trying to say. In an effort to bridge this gap, both children and adults develop a repertoire of non-specific language (things, stuff, thingamajig, and etcetera). However, as we move through schooling and into further study and work, it is our command of language which sets us up to be fully functioning members of society. This means that we need to encourage even our youngest children to be masters of language.

This is also particularly true for children who come from families where there is more than one language spoken – they may switch between languages depending on the subject matter. It can become easy to depend on simpler or non-specific language and use gesture and facial expression to get our message across. While this may be effective in the short-term, as children move to communicating in written form, they need to develop a range of subject-specific language that will enable them to write texts for a variety of purposes and audiences.

How do we practise this Habit of Mind at home?

The good news is that this Habit of Mind is perfectly suited to family life. It is our everyday communications with our children that will help them to develop the age-appropriate spoken language and vocabulary that will enable them to become masters of language. Some helpful tips:

- Encourage your child to use a range of specific nouns. If they use non-specific language, such as 'thing', tell them the precise word they need and ask them to re-phrase using the correct word
- Talk about language use (this is called metalanguage and it's what we do at school)
- Encourage your child to develop a range of action words or verbs. For example, when cooking use a variety of verbs such as pour, place, slice, sprinkle, spread instead of 'put'.
- Talk about a range of words for feelings and emotions - instead of 'happy' try elated, ecstatic, thrilled, tickled pink and instead of 'sad', try, miserable, lonely, bereft, depressed.
- Try to develop more specific language around thinking – instead of asking your child to 'think' about something, try:
  - Predicting (making a guess about what will happen next)
  - Analysing (looking at a problem from multiple perspectives)
  - Drawing conclusions (using evidence to make a judgement) and
  - Comparing and contrasting (finding similarities and differences).

### Does speaking another language at home confuse children?

Are your children fortunate enough to be growing up in a home where two or more languages are spoken? Many parents worry that bilingualism can cause confusion and even delays in learning for their children, but according to the Raising Children Network, that's not the case at all. A good knowledge of your native language can actually help your child with learning English. Bilingual children who are read books and spoken to in their native language find it easier to learn to read and write in English when they get to school. More information is at [www.bit.ly/1m0agnk](http://www.bit.ly/1m0agnk)



*Padstow North Public School*

# **2014 WORLD CUP DAY**



**Thursday 19th June, 2014**

Opening Ceremony commences at 10am

Come along for a fun filled sporting day.

Picnic lunch at 11am

Students Sponsorship Cards going home today!

*The money raised this year will go  
towards the purchasing of new iPads and  
Windows tablets for the school.*



## P&C President's Report

At our last P&C meeting Mrs Tardent gave a presentation on Habits of Mind which sought to give us some tips and tricks to help our children establish better routines for learning rather than routines for watching TV and playing video games. Those that attended found it very interesting and most of all useful. Thanks to Mrs Tardent.

The uniform shop handed over \$4,000 to the P&C. Thanks to Kerrie and her band of volunteers who help to run the uniform shop.

The P&C handed over \$20,000 to the school as part payment for the new multicourt in the Northern end of the school. The final payment of \$16,000.00 will be made shortly.

We also discussed the volunteer run P&C canteen at length. The canteen has increasingly struggled to get the number of volunteers we need to run it smoothly. If we are to keep the canteen running as a volunteer canteen we need more parents, carers or family members to help us on Mondays, Wednesdays and Fridays. At our AGM in 2013 it was agreed that we would monitor how Term 1 went and if we didn't receive enough volunteers then we would re-address the situation.

Canteen issues will be on the agenda to be discussed at our next P&C meeting on Tuesday 10<sup>th</sup> June at 7pm in the library. We have to come up with a solution on how we can move forward as it is unfair on the few volunteers that do help to do so much week-in-week out. A joint letter from Mr Bowden, Carlie Williamson and myself will be coming home shortly to explain the issues in more detail. Your input would be very much appreciated. We need your help to decide what is the best way forward for our canteen.

**Phill Allsop-Guest**

**P&C President 2014**

**0401 503 017**

[pnpspncevents@y7mail.com](mailto:pnpspncevents@y7mail.com)

*Where Every Student Deserves the Chance to Shine!*



**DANCE 4 FUN**

0401 348 262  
dance4fun@live.com.au  
www.dance4funstudio.com  
Padstow North Public School

**RAD BALLET**  
**CONTEMPORARY**  
**JAZZ**  
**HIP HOP**  
**TAP**

 **ZUMBA**  
fitness

## Professional tuition in maths and English

Kip McGrath's qualified teachers create individual tutoring programs, using proven Kip McGrath methods

**Maths English** **Reading Spelling** **Call today for a FREE assessment**

**REVESBY • 9772 0575**  
Suite 18, 4 -10 Selems Parade, 2212

**Kip McGrath**  
EDUCATION CENTRES



**KUMON**



**Tailored Learning. Endless Discoveries.**

Kumon's maths and English programmes are tailored for each child to enjoy reading widely and learning new maths concepts giving them confidence in the classroom and in everyday life.

**KUMON REVESBY EDUCATION CENTRE**  
Instructor: Danny Alipio  
Tel: 9596 2034  
Mob: 0400 905 673  
<http://au.kumonglobal.com>

**PLUS...a FREE personalised program!**

**\$14.95 14 days**  
**Your starter pack for the NEW YOU!**

**padstow fitnesslocal**

- Relaxed, non-intimidating gym
- First Class Fitness Equipment
- Qualified Fitness Professionals
- Memberships from under \$10 per week
- No Contract Memberships
- Altitude Training available

\*Valid for first time users only. See Gym Reception for conditions

Open 7 Days • Ph: 02 9771 0141  
Level 1, 35-37 Padstow Parade, Padstow NSW 2211  
[www.fitnesslocal.com.au](http://www.fitnesslocal.com.au) • [www.facebook.com/fitnesslocalpadstow](https://www.facebook.com/fitnesslocalpadstow)

## Learn Music on Keyboard at Padstow North Public School Enrolment for Term 1

- \* Music theory
- \* Instrument playing
- \* Ensemble practice
- \* Fun music games
- \* Music material included
- \* Instrument not required initially
- \* Competitive rate



**Smart Kids Love Music!**

Call: **9411 3122** to enrol  
(business hours during school term)



[www.learnmusicatschool.com.au](http://www.learnmusicatschool.com.au)

## MENAI SWIM ACADEMY



**Indoor 25m Heated Pool**  
**Home of Menai Swim Club**

Learn to Swim • Specialising in Mums & Bubs • Mini Squads, Competitive Squads & Adult Squad  
Aqua Aerobics • School Programs • Intensive Programs • Pool Parties • Resuscitation Courses  
Lap Swimming • Walking Lanes • Bronze Medallion Courses • Private Lessons Available

*Menai Swim Academy is a Royal Life Saving Society Endorsed Swim and Survive Centre*

7/788-798 Old Illawarra Road, Menai NSW 2234  
**Phone: 02 9543 2190 Fax: 02 9532 1438**  
Email: [learn2swim@menaiswimacademy.com.au](mailto:learn2swim@menaiswimacademy.com.au) • Website: [www.menaiswimacademy.com.au](http://www.menaiswimacademy.com.au)

# CHURCH

**Sundays 9:30am**

**ALL ARE WELCOME**

**Padstow North Primary School**  
**Halcyon Ave, Padstow**  
***iShine.org.au***

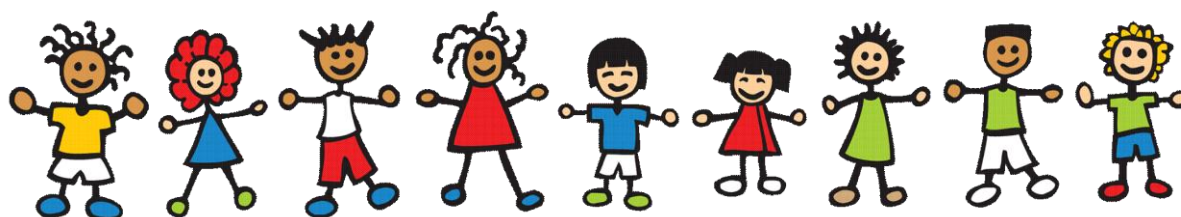
Call Ps. Paul **0409 980 903**

 **Australian CHRISTIAN CHURCHES**  **iShine**  
for JESUS



## FOR YOUR DIARY

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	26 KATTS	27	28	29	30 Gold Assembly
6	2 June	3	4 UNSW Science competition	5	6 PSSA Round 1 Winter Comp
7	9 <b>QUEEN'S BIRTHDAY LONG WEEKEND</b>	10 P&C Meeting 7pm Library	11	12 Regional Cross Country	13
8	16 UNSW Writing Test	17 UNSW Spelling Test	18	19 <b>PNPS WORLD CUP DAY</b>	20
9	23 KATTS	24 Kindergarten Excursion	25	26	27 <b>LAST DAY OF TERM 2</b>



**FROM THE HOME SCHOOL LIAISON OFFICER:**

### **HELP YOUR CHILD TO BE SUCCESSFUL AT SCHOOL AND AT WORK.**

Even taking a small amount of time out of school can be a problem and your child might fall behind with work and be unable to catch up. Their social skills suffer and they find it difficult to make lasting friendships.

A child with a good school record of attendance is setting themselves up for a better future once she/he leaves school.

It only takes 3 or 4 days off per term to start seriously affecting your child's education.

Absent for 8 days or more per term and they fall below 85% attendance. This means they are unable to reach their full potential and their future life choices become far more limited.